

HOW TO ESTABLISH TRUST

Tips for maintaining and repairing trust in the workplace



A resource from Ann Bindra, MSN, RN, NPD-BC, CCRN-K



ACKNOWLEDGE A HURTFUL SITUATION

- Allow for structured yet candid conversations, hold open forums, and be transparent.
- Confront without offending.
- Always start a difficult conversation with heart.



VISION, VALUES, AND GOALS

- It is important to acknowledge each team member's contribution. Developing a shared vision and values will help to maintain a focus on the goals.



STAY COMMITTED TO AGREED UPON ACTIONS

- Work collaboratively.
- Eliminate blame language—"he said," "she said," "if only they," "we tried this already."



BE A SHINING ROLE MODEL FOR TRUST

- Do what you say. Say what you do.

"HE WHO DOES NOT TRUST ENOUGH, WILL NOT BE TRUSTED." — LAO TZU

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