Empowering Women through Leadership Development

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United Nations Commission on the Status of Women
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Excelsior College
Sigma Theta Tau International
Transcultural Nursing Society, International
Presenters

- Julie Jones, RN-BC, MS, EHR Clinical Application Analyst Staff, The University of Vermont Medical Center, Burlington, Vermont, USA

- Laurie Nagelsmith, PhD, RN, CNE, Associate Dean, Excelsior College School of Health Sciences, Albany, New York, USA

- Connie Sobon Sensor, PhD, RN, CTN-A, School Health Nurse, Township of Union Board of Education, Union, New Jersey, USA; Adjunct Faculty, Rutgers University, Newark, New Jersey, USA
Who Is STTI?

The mission of the Honor Society of Nursing, Sigma Theta Tau International, is advancing world health and celebrating nursing excellence in scholarship, leadership, and service.
Objectives

• To empower you with strategies for leadership development through collaboration, education, networking and mentoring

• To inspire you with our examples and results that impact Sustainable Development Goals 3, 4, 5 and 8
Support the United Nations Sustainable Development Goals (SDGs)

3. Good Health and Well-Being
4. Quality Education
5. Gender Equality
8. Decent Work and Economic Growth
Reaching our full leadership potential
The Kouzes and Posner Model of Leadership

Making an Impact Through Leadership Development

Sigma Theta Tau International 2016
• Model the way
• Inspire a shared vision
• Challenge the process
• Enable others to act
• Encourage with heart

“To pay attention--this is our endless and proper work”

Mary Oliver
Poet

Individuals make a difference
Empowerment through education and leadership

“... everyone these days is assaulted on all sides by too much information and not enough wisdom . . .”

- Max De Pree
  Leadership Jazz, 2008
“My mother said I must always be intolerant of ignorance but understanding of illiteracy. That some people, unable to go to school, were more educated and more intelligent than college professors.”

Maya Angelou, Poet & Writer
The best leaders are the best learners

I’m such a different person than I was when I started. I wasn’t thinking about leadership; I wanted to bring my clinical into the classroom. It really opened my eyes. If you are going to push quality, you have to integrate leadership and scholarship.

— Michael T. Clark, Scholar

NURSE FACULTY
LEADERSHIP ACADEMY
Influence--We cannot do it alone

“We allow our ignorance to prevail upon us and make us think we can survive alone, alone in patches, alone in groups, alone in races, even alone in genders.”

-Maya Angelou
Values -- drive commitment
Trust--the focus of leadership

• Gratitude
• Respect
• Personal restraint
• Courage to be human
• Love and forgiveness

Max DePree, Leadership Jazz, 2008
Challenge

The crucible for greatness and the key to resilience
Lead by example...or not at all

“I think one’s feelings waste themselves in words, they ought all be distilled into action, and into actions that bring results.”

-Florence Nightingale
Focusing on the future

“Intelligence without ambition is like a bird without wings.”

-Salvador Dali, Painter
An affair of the heart

“If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader.”

Dolly Parton, Singer-Songwriter
Leadership Development through Collaboration

Connie Sobon Sensor, PhD, RN, CTN-A
Individuals Make a Difference
Model the Way

Take your vision to STTI

Work together to make your dream come alive
Inspire a Shared Vision

*Mano y Mano*

Values drive commitment
Vision aligned with mission
Focus on the future
Challenge the Process

Leaders cannot do it alone

Trust rules

Leaders lead by example
Partner with a Locally Accepted Established Organization

- Gatekeeper/spokesperson (insider’s perspective)
- Facilitate acceptance
- Provide culturally appropriate translators
- Safety
- Provide food/shelter/transportation
- Continue follow-up
- Provide feedback
Basic Hygiene for Prevention
Measuring Height and Weight
Enable Others to Act

• Best leaders are the best learners

• Share lessons learned

• Empower others to lead
Encourage the Heart
The GNLA experience was instrumental in actualizing my potential as a leader. With the supportive structured curriculum and intensive mentored experience, I garnered new skills, behaviors, and the confidence to expand my influence and to make an impact on improving outcomes for older adults.

— KAREN REYNOLDS, DNP, CNS-BC, FGNLA
This is the definitive professional experience that will help nurses accomplish extraordinary outcomes for mothers and children.

— BERNADETTE M. MELNYK
PHD, RN, CPNP/PMHNP, FNAP, FAAN

MATERNAL-CHILD HEALTH NURSE LEADERSHIP ACADEMY
Leadership Development Through Networking And Mentoring

Julie Jones, RN-BC, MS
Networking
Networking

• Face your fears
• Connect personally not just professionally
• Get to know people
• Engage through social media
Create A Welcoming Environment

• Share a seat at your table
• Introductions
• Thanking people for their help
• Smile
The Kouzes and Posner Model of Leadership

You Make A Difference

• Find your passion
• Believe in yourself
• Dream big
• Take the action
Model the Way

• Guiding principles
• Give voice to values
• Share your stories of success & growth
Inspire a Shared Vision

- Passion for organization
- Networking
- Personal dreams
- Belief in yourself and others
- Inspire great action
Challenge the Process

• Learning new technology
• Personal challenge
• Looking at a different viewpoint
• Vision for the future
• Question the process
Enable the Others to Act

- Team effort
- Empower others
- Teaching tools
- Clearing away obstacles
- Fostering collaboration
- Facilitating relationships
Encourage the Heart

• Spirit of community
• Celebrating success
• Recognizing individuals
• People need to feel valued
Thank you
• Contact Information

• Julie Jones, RN-BS, MS
  - SttiJulie@gmail.com

• Laurie Nagelsmith, PhD, RN, CNE
  - LNagelsmith@excelsior.edu

• Connie Sobon Sensor, PhD, RN, CTN-A
  - Connie.Sensor@gmail.com