

Empowering Women through Leadership Development

16 March 2016

United Nations Commission
on the Status of Women



Thank You to Our Sponsors

Excelsior College

Sigma Theta Tau International

Transcultural Nursing Society, International

Presenters

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- Connie Sobon Sensor, PhD, RN, CTN-A, School Health Nurse, Township of Union Board of Education, Union, New Jersey, USA; Adjunct Faculty, Rutgers University, Newark, New Jersey, USA

Who Is STTI?

The mission of the Honor Society of Nursing, Sigma Theta Tau International, is advancing world health and celebrating nursing excellence in scholarship, leadership, and service.



Objectives

- To empower you with strategies for leadership development through collaboration, education, networking and mentoring
- To inspire you with our examples and results that impact Sustainable Development Goals 3, 4, 5 and 8

Support the United Nations Sustainable Development Goals (SDGs)

- 3. Good Health and Well-Being
- 4. Quality Education
- 5. Gender Equality
- 8. Decent Work and Economic Growth



Leadership Development through Education

Laurie Nagelsmith, PhD, RN, CNE

Reaching our full leadership potential



The Kouzes and Posner Model of Leadership

*Making an Impact Through
Leadership Development*

- Model the way
- Inspire a shared vision
- Challenge the process
- Enable others to act
- Encourage with heart



“To pay attention--this is our
endless and proper work”

Mary Oliver
Poet

Individuals make a difference



Maslow's Hierarchy Of Needs Pyramid

Empowerment through education and leadership

“... everyone these days is assaulted on all sides by too much information and not enough wisdom ...”

- Max De Pree
Leadership Jazz, 2008



“My mother said I must always be intolerant of ignorance but understanding of illiteracy. That some people, unable to go to school, were more educated and more intelligent than college professors.”

Maya Angelou,
Poet & Writer



I'm such a different person than I was when I started. I wasn't thinking about leadership; I wanted to bring my clinical into the classroom. It really opened my eyes. If you are going to push quality, you have to integrate leadership and scholarship.

— MICHAEL T. CLARK, SCHOLAR

NURSE FACULTY LEADERSHIP ACADEMY

The best leaders are the best learners

Influence--We cannot do it alone

“We allow our ignorance to prevail upon us and make us think we can survive alone, alone in patches, alone in groups, alone in races, even alone in genders.”

-Maya Angelou

Values-- drive commitment



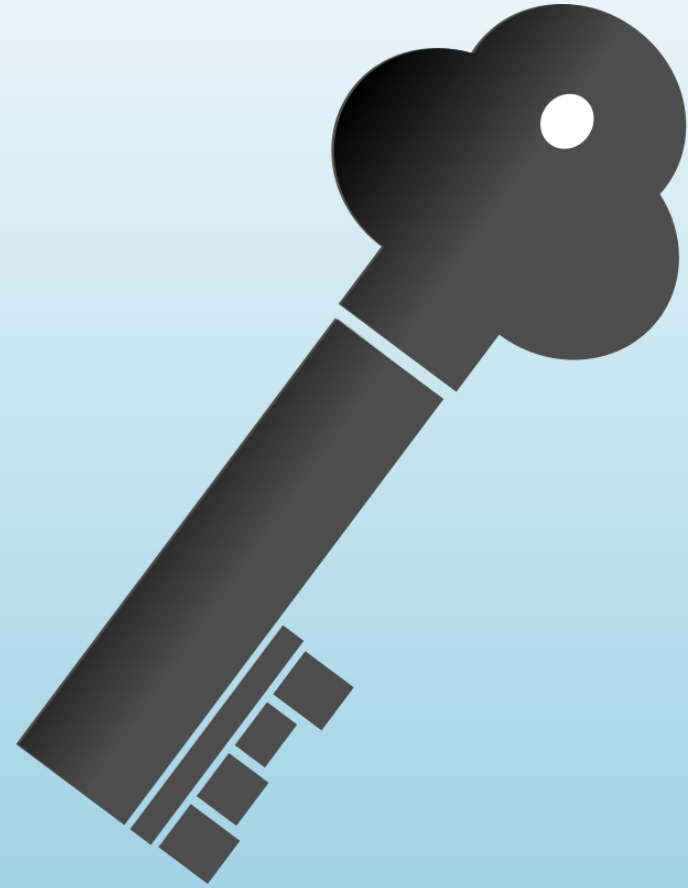
Servant Leadership

Trust--the focus of leadership

- Gratitude
- Respect
- Personal restraint
- Courage to be human
- Love and forgiveness

Challenge

The crucible for greatness
and
the key to resilience



Lead by example...or not at all

“I think one’s feelings waste themselves in words, they ought all be distilled into action, and into actions that bring results.”

-Florence Nightingale



Focusing on the future

“Intelligence
without ambition
is like a bird
without wings.”

-Salvador Dali,
Painter



An affair of the heart

“If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader.”

Dolly Parton, Singer-Songwriter

Leadership Development through Collaboration

Connie Sobon Sensor, PhD, RN, CTN-A

Individuals Make a Difference Model the Way



Take your vision to STTI

Work together to make your dream come alive

Inspire a Shared Vision

Mano y Mano

Values drive commitment

Vision aligned with mission

Focus on the future



Challenge the Process

Leaders cannot do it alone

Trust rules

Leaders lead by example



Partner with a Locally Accepted Established Organization

- Gatekeeper/spokesperson (insider's perspective)
- Facilitate acceptance
- Provide culturally appropriate translators
- Safety
- Provide food/shelter/transportation
- Continue follow-up
- Provide feedback













Power Point Presentation



Basic Hygiene for Prevention



Measuring Height and Weight



Enable Others to Act

- Best leaders are the best learners
- Share lessons learned
- Empower others to lead



Encourage the Heart





*The GNLA experience was instrumental
in actualizing my potential as a leader.
With the supportive structured curriculum
and intensive mentored experience, I garnered
new skills, behaviors, and the confidence
to expand my influence and to make an impact
on improving outcomes for older adults.*

— KAREN REYNOLDS, DNP, CNS-BC, FGNLA

GERONTOLOGICAL NURSING LEADERSHIP ACADEMY



*This is the definitive professional
experience that will help nurses
accomplish extraordinary
outcomes for mothers and children.*

— BERNADETTE M. MELNYK

PHD, RN, CPNP/PMHNP, FNAP, FAAN

MATERNAL-CHILD HEALTH NURSE LEADERSHIP ACADEMY

Leadership Development Through Networking And Mentoring

Julie Jones, RN-BC, MS



Networking



Networking

- Face your fears
- Connect personally not just professionally
- Get to know people
- Engage through social media



Create A Welcoming Environment



- Share a seat at your table
- Introductions
- Thanking people for their help
- Smile

The Kouzes and Posner Model of Leadership

- The Five Practices of Exemplary Leadership: Nursing (J-B Leadership Challenge: Kouzes/Posner) (2011)
- The Truth about Leadership: The No-fads, Heart-of-the-Matter Facts You Need to Know (2010)

You Make A Difference



- Find your passion
- Believe in yourself
- Dream big
- Take the action

Model the Way



- Guiding principles
- Give voice to values
- Share your stories of success & growth

Inspire a Shared Vision

- Passion for organization
- Networking
- Personal dreams
- Belief in yourself and others
- Inspire great action



Challenge the Process

- Learning new technology
- Personal challenge
- Looking at a different viewpoint
- Vision for the future
- Question the process



Enable the Others to Act



- Team effort
- Empower others
- Teaching tools
- Clearing away obstacles
- Fostering collaboration
- Facilitating relationships

Encourage the Heart

- Spirit of community
- Celebrating success
- Recognizing individuals
- People need to feel valued





Teşekkür ederim תודה Hvala
ขอบคุณ Ευχαριστώ متشكرم Dankon Хвала
Tak Gracias Grazie 謝謝 شكرا لك
Sağol Danke Thank you Merci ㄸ뵚ㄸ뵚
Tack Cnacu6o Obrigado 감사합니다
Köszönöm Dank u Cnacu6i 有り難う 谢谢
Благодаря Asante धन्यवाद ありがとう
Terima kasih Mulțumesc Dank u
شكرا Kiitos Dziękuję

Thank you

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