

# CANDIDATES

## REGIONAL COORDINATOR

### LATIN AMERICA/CARIBBEAN (ELECT ONE FOR YOUR REGION)



## Sonia Patricia Carreño Moreno PhD, MSN, RN



My name is Sonia Carreño, I am a nurse with both a master's and doctorate degree in Nursing. I worked as a chronic care nurse for 12 years, and I've worked as an associate professor to the nursing faculty at Universidad Nacional de Colombia for 7 years, teaching advanced

chronic care classes at a master's and doctorate level. I am a leader nurse in Colombia, where I have developed this role mentoring students that are part of the research hotbed in the nursing care for the chronic patient, also, with the program Caring for the Caregivers®, in which, we support informal caregivers of people with chronic conditions. Furthermore, I lead the Colombia node of the Latin America Network for Chronic Patient and Family Care, being this a research network with more than 25 nodes in Latinamerica. As a researcher, I've published 72 articles in both national and international indexed magazines, I have also been awarded 3 grants in Colombia and I have 7 open research projects. I have obtained the qualification of a senior researcher in the Colombian science and technology system, which is the highest in its category.

My leadership experience in Sigma began with my induction in 2013, since that moment I started to join the activities and goals of the Upsilon Nu Chapter in Colombia, initially as a volunteer, then as a secretary. I have served in this role for the past 4 years, where I have developed mentorship activities with the new members, furthermore, philanthropic activities with the families of children with cancer and nursing students in rural zones of Colombia. I have also participated in the education of over 2300 nurses throughout Colombia. My main leadership achievement in Sigma has been the mentorship and motivating members. I always seek to develop meaningful activities that promote the desire in members to make their leadership visible

and work to be connected and empowered, for this reason, in the Upsilon Nu Chapter they recognize me as a happy and motivating person. I have been linked to the activities in the Latin American and Caribbean Region for the past 6 years, in which I have enthusiastically participated in the activities that have been developed.

If I was selected coordinator of the Latin American/ Caribbean Region I would like to continue the work my antecessors have done, which is, working for the leadership consolidation in the region, the visibility of the excellence in nursing, and the connection that would lead us to strengthen networking. The Latin American populations' health has suffered because of the covid-19 pandemic. This pandemic exacerbated and made visible the work overload and lack of pay for our nurses. My goal as coordinator would be to motivate nurses who are already fatigued with the pandemic to consolidate networking and co-creation with the chapters of the region, based on the awareness of our competencies and with the balance and purpose that the community opens for our mind to creativity and joy.