

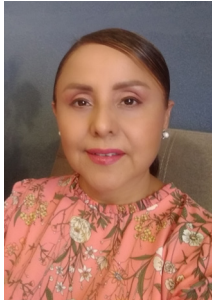
CANDIDATES

REGIONAL COORDINATOR

LATIN AMERICA/CARIBBEAN (ELECT ONE FOR YOUR REGION)



Lidia Guadalupe Compeán Ortiz PhD



My name is Lidia Compean. I graduated from Universidad Autónoma de Tamaulipas in Tampico Mexico with a bachelor's degree in nursing in 1992, and from two master's degrees in the same university. One of them was in Teaching in High Education in 1996 and the other one was in Academic Communication in 1999. I got a master's degree in science of Nursing focuses on Community Health in 2004 and a Doctoral Degree in Sciences of Nursing in 2006 both in the Universidad Autónoma de Nuevo León in Monterrey México. As part of the doctoral program, I did a Research Stay in the University of Michigan in Ann Arbor USA for one semester, I met students from Korea, Japan, China, and Taiwan.

I was invited to be part of Sigma's Tau Alpha Chapter in 2004 in Mexico, since then I have participated in many ways. I served on the local Mexican leadership committee for two years, I participated as Chapter Delegate in 2007 in Baltimore, Maryland, I have served Sigma as congress reviewer since 2010, and as presenter and moderator in some research congresses in Vancouver in 2009, Indianapolis 2017 and Calgary 2019. I got a scholarship from 2015 to 2017 in the Public Health Leadership and Implementation Academy for NCDs "PH-LEADER PROGRAM" from the University of Emory Rollin School of Public Health and the Instituto Nacional de Salud Publica from Mexico (INSP). I connected this experience with my research, clinical practice, and administrative activities, and in 2015, I participated and got a Sigma Grant for a Binational Research Project which helped Mexican people with diabetes and their families (collaboration with UNC Chapel Hill).

I have done networks with Health professionals from places like Nuevo Leon, Puebla, Tamaulipas,

Chiapas, Baja California Norte, Cuernavaca, Guanajuato, San Luis Potosí, Veracruz, Tabasco, Coahuila, Colombia, Brazil, Costa Rica, Uruguay, Ecuador, Perú, Guatemala, USA, India. Right now, I am a professor in the Universidad Autónoma de Tamaulipas, my main activities are in teaching, research, evaluation, and mentoring. I am in contact with clinical, administrative, teaching and research nurses and students who every day faces challenges in improving Health care of people.

If I am elected to the position of Regional Coordinator for Latin American and Caribbean Region, I would like to provide leadership that maintains networks for communication, be the voice of the region for its development, support individual chapters according to regional needs and circumstances, work collaboratively with Sigma headquarters staff, but at the same time I would like to empower the chapters for promoting our own physical and emotional well-being that help us to be in balance for improving awareness that we need to do our job. With this pandemic I do realize the importance to be ok for helping others, as nurses we enjoy our job, but we have a lot of stress that sometimes, we forgot our own health, we need to co-create better circumstances to achieve success in every personal and professional goal.