

# CANDIDATES

## GOVERNANCE COMMITTEE (ELECT THREE FOR A TWO-YEAR TERM)



### Fang-Yu Chou PhD, RN, FNP-BC, CNE



Dear colleagues,

I am Fang-Yu Chou, and I am a Professor at San Francisco State University, School of Nursing. My professional interests include chronic illness self-management, cross-cultural healthcare and education, and evidence-based

practice. I was born and raised in Taiwan and came to the U.S. for higher education. I have had the great privilege to work as a nursing faculty since 2005 to educate and mentor the next generation of nurses. I have been an active member of Sigma since 1998. Sigma Theta Tau has been an inviting organization to connect with colleagues from different international regions. For Sigma, I have had opportunities to serve in various roles for our local chapter, including Convention Delegate, Secretary, President-elect, President, and Treasurer. During my term as the Chapter President, I proactively fostered the diversity and inclusivity of chapter leadership. Through my outreach effort, I've recruited and mentored student members and minority faculty to join the chapter leadership team. After my term as the Chapter President ended, I continued to serve in the chapter to mentor officers on chapter governance, operation, and membership. Additionally, I have continuously served as Sigma abstract and grant reviewer and contributed to the Region 1 program planning.

My leadership involvement in other capacities embodies my experience in furthering collaboration and transitional changes, such as initiating transcultural cancer care and health literacy topics while I served as a Coordinator for the Oncology Nursing Society Transcultural Nursing Issues Group. Moreover, during my role as the Program Director for the HRSA Traineeship Grant, I supervised the securing and distributing scholarship funding to a diverse body of students

with needs. I also have had the privilege to be one of the first few Fulbright nursing faculty scholars in exchange to the Asia region, where I spearheaded a cross-cultural collaborative project examining self-management practices among cancer patients in the region. In my academic role, I have chaired various committees—including those pertaining to curriculum and faculty review—to facilitate significant curricular and policy changes and engaged in shared governance for university academic program review. Aside from being an educator, I've also served as Associate Director for Graduate Programs to usher in the recent transitional change in Advanced Practice Nursing Programs and resolve the pedagogical and organizational challenges that have emerged during the COVID-19 pandemic.

I am honored to be a candidate for the Governance Committee and to have this opportunity to broaden my contribution to Sigma. If elected, in addition to serving as an active member for the committee, I also see myself as a contributing member through my prior international experience to promote the Sigma mission of creating a global community of nurses and improving global health. Thank you for your consideration.