

CANDIDATES

REGIONAL COORDINATOR

NORTH AMERICA REGION 15 (ELECT ONE FOR YOUR REGION)



Debra Kramlich PhD, RN, CNE, CCRN-K



I am currently Assistant Director for the University of New England School of Nursing and Population Health in Portland, Maine. I earned a Master of Science in Nursing Education from Saint Joseph's College of Maine and a PhD in Nursing from Duquesne

University. I have been a registered nurse for over four decades and am certified in the specialties of nursing education and critical care. Additionally, I hold a certificate as a Child Care Health Consultant and have been in private practice for over a decade, serving over 40 child care centers throughout southern and central Maine. During the 2019-2021 biennium I have served on several regional task forces by appointment, and the experience has been so rewarding. I have served in various leadership positions within the Kappa Zeta at-Large Chapter for over a decade, from newsletter editor to president. I chaired the committee for the successful application for a charter amendment to include a practice site in our at-large chapter in 2017, the first chapter internationally to do so. Our chapter has thrived as a result, and we have mentored other chapters regionally who have pursued this model. Outside Sigma, I serve on boards of directors for several other professional and non-profit organizations. My leadership style is collaborative, and I try to build trust and psychological safety through clear and open communication. I respect and encourage diverse perspectives. I welcome constructive coaching for my own growth. I am highly organized and manage my time effectively. I try to lead by example; one of my favorite quotes is "the speed of the leader is the speed of the team." I am also willing to serve when called upon, where my skills align with the identified need.

decades. At the same time, we are becoming an increasingly global society, never more evident than during the pandemic. Sigma's vision, mission, and strategic goals set a course for nurses to serve at the forefront of global initiatives. I have served on the planning committee for the Region 15 collaborative symposium for the past four years, including co-chairing the committee when my chapter hosted the event in 2019. The enthusiasm and sharing of innovation by nurses at all levels and from diverse settings at these events is inspirational. Through this experience I have come to know and appreciate the leaders and members throughout the region, and I value their collegiality and passion for nursing practice, leadership, scholarship, and service. I believe such engagement can contribute to the growth and sustainability of our chapters and the organization as a whole by demonstrating the value of Sigma membership as the organization of choice. I hope to continue fostering these collaborative relationships as Region 15 Coordinator. I feel my qualifications and the leadership skills I've gained through my experiences have prepared me well to assume the role.

Evidence has shown a steady decline in civic engagement and social capital over the past several