

CANDIDATES

REGIONAL COORDINATOR

NORTH AMERICA REGION 8 (ELECT ONE FOR YOUR REGION)



Cassandra Ford PhD, MBA, RN, FAHA, FGSA



I am an associate professor at the Capstone College of Nursing at The University of Alabama. Throughout my career, I have worked extensively with rural and underserved populations as a clinician, academician, and researcher. As a result, I have been inducted as a Fellow of the

American Heart Association and the Gerontological Society of America. I have published numerous research articles, authored several presentations, and been the recipient of state and federal grants. I have had a continuous clinical and research program focused on community-based research and improving health outcomes for rural populations for over 10 years. I enjoy mentoring undergraduate and graduate students as well as tenure track faculty in health disparities and educational research.

I became a member of Sigma in 2004 as a charter member of the Tau Eta Chapter and have been an active dual member of the Epsilon Omega Chapter since 2008. I have had the opportunity to serve in various leadership roles throughout the years and serve as a mentor to incoming members and officers. Currently I am serving as Counselor for our chapter. This provides a wonderful opportunity to share the message of Sigma, identify potential candidates, and engage with new members on various levels from undergraduate and graduate students to nurse leaders. I regularly attend the Induction System training workshops and participate in all elements of the induction process. I have served on our Founders Day Program Planning Committee and our Governance Committee. I also participated in the review and revision of the chapter bylaws. I am currently serving on the Sigma International Nurse Leader Review Committee. This serves as a natural extension of my role as counselor and provides an opportunity to serve Sigma in a greater capacity.

I have served in leadership and service capacities in various local, state, and national organizations over the past decade. My roles have included assisting with conference organization and program development, serving as a community volunteer and speaker, training volunteers, facilitating and organizing meetings, maintaining meeting notes, and completing committee reports.

My involvement in Sigma has provided opportunities to engage in leadership and service opportunities with individuals that strive to develop the nurse leaders of tomorrow. Upon graduation, many of our students go on to pursue advanced education and leadership opportunities all over the country and world. Providing the foundation for these opportunities through involvement in Sigma is a rewarding experience. I was inspired to run for an elected position because I would like to continue to work to build and grow the vision and mission of Sigma and help our local members become more involved in activities for growth and development of future nurse leaders while utilizing that work to be of service to the local, national, and global community.