



## THREE WAYS TO THRIVE AS AN EARLY CAREER NURSE

1



### **Be realistic and patient with yourself.**

Keep in mind that with each day on the job you are more experienced than you were the day before. Days turn into weeks, weeks into months and before you know it, you'll have a year of experience under your belt. Just take it one day at a time.

2



### **Look for opportunities to work with students.**

This will give you a sense of perspective and help you to realize that you really have progressed beyond the student phase.

3



### **Celebrate even small accomplishments.**

Getting a job, finishing orientation, completing another day/week of work – each event is a victory and a positive step forward.