



# Academic Healthy Work Environment Award

## PURPOSE

Recognizes and honors an academic setting that demonstrates commitment to promoting a healthy work environment, including physical and psychosocial factors, involvement in the community, and/or personal health resources to promote health in the work environment, and promoting excellence in faculty and student outcomes.

## ELIGIBILITY

A program, project, or intervention implemented at the academic department, division, or college/university level within any academic institution or institution of higher learning (e.g., university, college, school) is eligible. One-time projects, programs, or interventions implemented by a single individual or research project are not appropriate without a viable sustainability plan. Sigma membership is not required to apply.

Current Sigma Board of Directors, Sigma elected international committee members, Sigma staff, Sigma consultants and contracted staff, and members of the judging committee are not eligible to receive this award, serve as nominators, or write letters of support. Members of appointed committees may participate in the award process.

## CRITERIA

Utilizing the World Health Organization’s [Healthy Workplace Framework and Model](#), a nomination should address each of the following criteria:

1. Address at least one of the following areas that define a healthy work environment. Review the WHO’s framework and identify how the facility, organization, or department focused on one or several of the areas below:
  - a. Physical Work Environment
  - b. Psychosocial Work Environment
  - c. Enterprise Community Involvement
  - d. Personal Health Resources
2. Explain the process and development of a healthy work environment. This could include, but is not limited to, one of the following:
  - a. Creation and evaluation of new programs with demonstrated involvement of faculty, staff, and/or students
  - b. Sustained programming addressing the academic workplace considering faculty, staff, and/or student-identified needs
  - c. Results from faculty and/or staff satisfaction surveys indicating improvements in satisfaction over time
3. Describe the evaluation of the intervention to provide evidence of positive student, staff, and/or faculty outcomes. This could be demonstrated by:
  - a. Student satisfaction surveys done by a third party
  - b. Student achievement reports, as applicable
  - c. Faculty and/or staff surveys, preferably done by third parties
  - d. Attestation from faculty and/or students
4. Outline the sustainability of the program/project/intervention. One-time projects, programs, or interventions implemented by a single individual or research project are not appropriate without a viable sustainability plan.

## SUBMISSION REQUIREMENTS

Documents required below should address each of the above criteria. Entries that do not meet the criteria and submission requirements will be disqualified.

A complete nomination consists of:

- Online entry form
- Descriptive summary from the nominator outlining the programming or interventions (1-2 pages)
- Two letters of support from members of the unit or academic administration (cannot be from the nominator)
- Letter of Acceptance from a representative of the institution accepting the nomination and agreeing to attend the award presentation
- Supporting documentation that provides additional descriptions and direct evidence of the award criteria, including results or reports from faculty and/or staff satisfaction surveys, student achievement reports, and satisfaction surveys. Evidence of accreditation of the school and/or program is required in countries that have accreditation systems (not to exceed 15 pages)

<b>NOMINATION TIMELINE</b>
13 August–3 October 2025
<b>NOTIFICATION</b>
Award recipients will be notified in November 2025.
<b>PRESENTATION</b>
Award will be presented at Sigma’s <a href="#">Creating Healthy Work Environments</a> in Washington, DC, USA, 20-22 March 2026.
<b>CONTACT US</b>
For more information, contact <a href="#">Laura Belt</a> .



# AWARDS RUBRIC

## Academic Healthy Work Environment Award

**RATING SCALE**

5 = Outstanding achievement of criteria

4 = Notable achievement of criteria

3 = Adequate achievement of criteria

2 = Fair achievement of criteria

1 = Limited achievement of criteria

N/A = Criteria not achieved at this time

Please see pages 2 and 3 for more specific scoring descriptions.

Defining healthy work environments: Address at least one of the following areas that define a healthy work environment: Physical Work Environment, Psychosocial Work Environment, Enterprise Community Involvement, or Personal Health Resources.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	x5	=	/25
5	4	3	2	1	N/A			

Process & Development Explanation: Explain the process and development of a healthy work environment.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	x3	=	/15
5	4	3	2	1	N/A			

Evaluation: Describe the evaluation of the intervention to provide evidence of positive student, staff, and/or faculty outcomes.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	x3	=	/15
5	4	3	2	1	N/A			

Sustainability: Outline the sustainability of the program/project/intervention.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	x5	=	/25
5	4	3	2	1	N/A			

Overall Applicability: Demonstrate the organizational commitment to a healthy work environment.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	x2	=	/10
5	4	3	2	1	N/A			

Overall Submission: Provide clear and creative ideas for the development of a healthy work environment.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	x2	=	/10
5	4	3	2	1	N/A			

Points awarded =  
Total points available = 100



# AWARDS RUBRIC

## Academic Healthy Work Environment Award

Outstanding- 5	Adequate- 3	Limited- 1	
Defining healthy work environments: Address at least one of the following areas that define a healthy work environment: Physical Work Environment, Psychosocial Work Environment, Enterprise Community Involvement, or Personal Health Resources.			
One defined area of the World Health Organization (WHO) framework is clearly addressed in the program, project, or intervention. Incorporation is clearly noted and discussed within the submission for the defined area. Justifies choices made and aligns them with the overall program, project, or intervention.	One defined area of the World Health Organization (WHO) framework is addressed in the program, project, or intervention but clarity is lacking or there is not a tie from the defined area to the intervention. The defined area is explicitly stated and discussed within the submission but is not well aligned with the overall project.	Unable to determine whether any of the defined areas of the World Health Organization (WHO) framework were truly incorporated into the program, project, or intervention. There is a lack of supporting details or generalizations are made without specificity.	__ x 5 = /25
Process & Development Explanation: Explain the process and development of a healthy work environment.			
Both the process and the development of the program, project, or intervention are clearly identified and explained. A clear, focused, and engaging process is defined utilizing nursing and/or interprofessional collaboration. Provides a detailed outline of the planning and implementation necessary for successful implementation.	Either the process or the development of the program, project, or intervention are poorly identified; however, at least one is discussed in the submission. Either the process or the development is clearly identified. Interprofessional engagement mentioned is applicable.	Unclear ideas due to lack of supporting details/generalizations/off-topic detail in relation to the program, project, or intervention. No interprofessional collaboration is discussed or identified.	__ x 3 = /15
Evaluation: Describe the evaluation of the intervention to provide evidence of positive student, staff, and/or faculty outcomes.			
Provides sophisticated evaluation of the program, project, or intervention. The evaluation process reflects valid and reliable methods and outcomes measures. They are clearly expressed, and the findings have clear implications for a healthy work environment within the organization.	The evaluation process reflects some reliable methods or outcome measures; however, it is not clearly expressed. Findings have questionable implications for healthy work environment applicability within the organization.	The evaluation process is unclear, missing, or inappropriate. Findings do or may not support a healthy work environment within the organization.	__ x 3 = /15
Sustainability: Outline the sustainability of the program/project/intervention.			
The proposed program, project, or intervention provides a creative, clear, and detailed idea for continued sustainability. The proposal allows for creative adjustments as needed to refine the program based on past performance (e.g., continuous quality improvement).	The proposal does contain aspects of sustainability; however, it does not give full consideration to the entire organization.	Noticeable portions of the submission fail to convey a sustainability plan for the program, project, or intervention. Few specifics are provided.	__ x 5 = /25



# AWARDS RUBRIC

## Academic Healthy Work Environment Award

Outstanding- 5	Adequate- 3	Limited- 1	
Overall Applicability			
The proposed program, project, or intervention clearly and appropriately demonstrates the organizational commitment to a healthy work environment (HWE). This proposal is in line with Sigma’s HWE initiatives and conference.	The proposed program, project, or intervention is sound but lacks clear organization, direction, or connection to Sigma’s healthy work environment initiatives or conference.	The proposal does not correspond with known healthy work environment initiatives from Sigma or other organizations.	__ x 2 = /10
Overall Submission			
Provides clear and creative ideas for the development of a healthy work environment. The overall proposal uses skillful language; a varied, accurate vocabulary; and well-developed sentence structure.	Some problems with sentence structure, grammar, punctuation, and/or spelling are noted. The submission is somewhat difficult to read.	Submission does not flow. It does not provide a logical discussion of the overall healthy work environment topic. Incoherent structure; logic is unclear; paragraph transition is weak; difficult to understand; must re-read parts to figure out what is being said. Several issues in sentence structure, grammar, citation style, punctuation, spelling, and/or misused words are noted.	__ x 2 = /10
Total score (100 points possible)			



## Frequently Asked Questions 2026 Healthy Work Environment Awards

### General

#### What is the awards website?

<https://www.sigmanursing.org/advance-elevate/awards/healthy-work-environment-awards> Nominations are submitted through an online system: [https://stti-awards.confex.com/stti\\_awards/cp2026/cfp.cgi](https://stti-awards.confex.com/stti_awards/cp2026/cfp.cgi)

#### When is the awards deadline?

3 October 2025

#### Is membership required to submit an entry?

Active Sigma membership is not required to submit an entry. A program, project, or intervention implemented at the unit, department, or system level within any health system or clinical facility is eligible. One-time projects, programs, or interventions implemented by a single individual or research project would not be appropriate without a viable sustainability plan.

### Submitting a Nomination

#### How do I submit a nomination for the 2026 Healthy Work Environment Awards?

Nominations are submitted through an online system: [https://stti-awards.confex.com/stti\\_awards/cp2026/cfp.cgi](https://stti-awards.confex.com/stti_awards/cp2026/cfp.cgi)

#### Is there a hard copy entry form?

No. All entries must be submitted through the online system. Entries mailed to Sigma will not be reviewed.

#### How do I start an online entry?

You can start an award nomination by clicking the “Submit an entry” button on the [Healthy Work Environment Awards](#) page. You will then select the award category and click “Submit an entry.”

#### How do I nominate an organization?

To submit a group nomination, select the award and begin entering the nominator information. When asked to enter nominee information, select “group nominee.” Be sure to include the name of the group being nominated (e.g., Nicklaus Children’s Hospital, University of Virginia SON, etc.). You will need to enter at least one individual’s name and email as the primary contact so Sigma can notify them after the review process. This can be the same as the nominator or another individual in the program. It is the primary contact’s responsibility to communicate award information to other contributors.

#### I started a submission but had to stop. Can I return to the same entry?

Yes. Using your Entry ID (4-digit number) and Entry Password (6-digit number), you can log in to a nomination until the system closes on 3 October 2025 (11:59 p.m. Eastern Time).

### **What is my Entry ID and Entry Password?**

The Entry ID and Entry Password are sent to the email address entered by the nominator when an entry is started. You can also view them in the top-left corner of the nomination page. Please contact [awards@sigmanursing.org](mailto:awards@sigmanursing.org) if you have lost your Entry ID and Entry Password.

### **Can I view, edit, or withdraw my nomination once it is submitted?**

Yes. You can view, edit, or withdraw your submission through the 3 October 2025 deadline.

### **What is the “descriptive summary”?**

The descriptive summary is a 1- to 2-page summary, written by the nominator, describing how the program/project/intervention meets the award criteria. This is the nominator’s opportunity to write a letter of support.

### **Can I submit more than two “letters of support”?**

No. The judges will only read two letters.

### **What is the “letter of acceptance”?**

This is a statement from a representative of the nominated team/department/unit/system that they will attend Sigma’s Creating Healthy Work Environments meeting in Washington, DC, USA, 20-22 March 2026.

### **What is the “supporting documentation”?**

Any documents, reports, or summaries that provide direct evidence of meeting the award criteria are considered “supporting documentation.” This includes faculty and/or staff satisfaction surveys, student achievement reports and satisfaction surveys, outcome reports, attestations, videos, writing samples, articles, photos, etc. This is an opportunity to expand on the content of the descriptive summary.

Additional letters of support will not be considered.

### **What formats can be uploaded through the online system?**

TXT - Plain Text

HTML - Hyper Text Markup Language, web

pages PDF - Adobe’s Portable Document  
Format

GIF, JPG, PNG - Formats commonly used on the web

RTF - Rich text file (most word processors export this format)

DOC - Microsoft Word

WMV, WMA, MOV, WAV, AIFF - Multimedia formats

### **Points of Contact**

#### **Whom do I contact with questions about the award criteria or process?**

Laura Belt, Awards Coordinator

888.634.7575 (US/Canada toll-free)

+1.317.634.8171 (International)

Email: [awards@sigmanursing.org](mailto:awards@sigmanursing.org)

#### **Whom do I contact if I have problems with the online system?**

Confex Technical Support

Call +1.401.334.0220 between 8:30 a.m. and 6:00 p.m. Eastern Time, Monday–Friday

Email: [stti\\_awards@confex.com](mailto:stti_awards@confex.com)