



## United Nations Activity Report

During the [Commission on the Status of Women](#), the [NGO Committee on Mental Health](#) presented the parallel event “Innovative Mental Health Approaches for Social Protection” on Thursday, 21 March 2019, at the United Nations Church Center, New York, NY, USA.

### Report Submitted by Connie Sobon Sensor, Sigma United Nations Liaison

Multiple stakeholders from various nursing/counselling perspectives were presenting, including a midwife. The room was full to capacity, and interesting discussion followed the presentation.

Sigma could seek opportunities to collaborate with non-governmental nursing or mental health professional and/or academic partners with the possibility of initiating a briefing about healthcare workers interventions with human trafficking victims.



NGO  
Committee on  
Mental Health



## Parallel Event

Thursday 21 March, 2019

12:30 – 2:00 PM

Church Center for the UN, 8<sup>th</sup> Floor, 777 UN Plaza, NY 10017

## Innovative Mental Health Approaches for Social Protection

### Moderator:

**Holly K. Shaw, PhD, RN**, Director, NGO/DPI Executive Committee, Vice Chair, NGO Committee on Mental Health; International Council of Nurses; Adelphi University

### Speakers:

***Pregnancy & Perinatal Mental Health:*** Kimm Sun, MS, CNM, WHNP, RN, Founder & Director, Human Birth Project Leadership

***Forced Migration, Displaced Children:*** Rose Cardarelli, FACHE, Ed.D., Director, NGO/DPI Executive Committee; Executive Council, KDP, NGO/DPI Representative; CEO Education for All Coalition

***Providing Support, Preventing Suicide for Adolescent in Rural India:*** Siva Mathiyazhagan, DSW, Columbia University; Founder, Trust for Youth & Child

### **Special Performance: *For the Dark Skin Girl In My Environment & On Becoming:***

Chelsea Allis, **GIRLS BE HEARD**, a writing, performance, production troupe creating a world for young women to find strength, realize their potential, and rise above their circumstances and society's expectations, by using theater to empower young women to become brave, confident, socially conscious leaders and explore their own challenging circumstances. Their stories are developed into ensemble performances to raise awareness about domestic and global issues affecting women and girls.

