The Maternal-Child Health Nurse Leadership Academy (MCHNLA) prepares nurses for effective interprofessional team leadership as they strive to improve the quality of healthcare for underserved childbearing women and children up to 5 years old.

### Participant Outcomes

- **65% of participants** reported the academy had a major impact on the participant’s professional network strength or size.
- Fellows reported a **13% increase** in leadership skills from baseline to end of academy.
- **38% reported a promotion** that was attributed in part or whole to participation in the academy.
- About two-thirds who reported a project challenge during the academy also reported that MCHNLA helped them to address it, particularly through **improved leadership skills** that helped them lead change, manage projects, and handle interpersonal issues.

### Project Outcomes

- **MCHNLA directly benefited**
  - 1,193 healthcare providers
  - 9,025 patients and community members
- In a project aimed at improving breastfeeding rates among the largely African-American community of the hospital, exclusive breastfeeding rates were **doubled** among neonates prior to discharge, from 4% to 8.9%, and an increase from 30% to 60% of neonates getting any breast milk feeding prior to discharge.

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The data listed above highlights the outcomes from the 2014-2015 cohort of MCHNLA.