Dr. Lydel A. Wright, DBA, MSN, RN, NEA-BC

Dr. Lydel A. Wright, DBA, MSN, RN, NEA-BC, is interim chief executive officer of Sigma Nursing. An accomplished healthcare executive, business strategist, and innovator, he brings more than two decades of progressive leadership spanning complex healthcare organizations, enterprise operations, financial management, nonprofit governance, and entrepreneurship.

Dr. Wright began his career as a nursing assistant and licensed practical nurse and went on to lead nursing operations at the enterprise level. Since then, he has translated strategic vision into measurable outcomes, strengthened organizational performance, developed sustainable revenue opportunities, and guided geographically dispersed organizations through growth and transformation. His executive leadership includes advancing enterprise-wide clinical and operational strategies and contributing to the development of an integrated healthcare platform designed for long-term growth and sustainability.

He holds a BSN and MSN from the University of Texas at Arlington and a Doctor of Business Administration from Temple University, and he is board certified as an advanced nurse executive. A Johnson & Johnson Nurse Innovation Fellow, he was inducted into the National Academies of Practice in 2021 and was a 2024–2025 Fellow of the Harvard Global Nursing Leadership Program at the Harvard T.H. Chan School of Public Health. He is also the founder of Access Healthwear and the designer of The Access Gown™, a reimagined hospital gown focused on patient dignity and clinical function.

Together, his executive, academic, philanthropic, and entrepreneurial experience informs a leadership philosophy grounded in financial stewardship, operational excellence, and purposeful innovation. Guided by four principles—People, Purpose, Performance, and Possibilities—he believes enduring institutions are built by investing in people, strengthening relationships and systems, embracing new opportunities, and delivering meaningful, measurable value.